

## **Scripture Confessions for your Health**

The personalized statements from God's Word are full of God's power. They are God's medicine for you. So speak them often without becoming impatient. They will take root in you, change you, and bring forth a harvest of health.

### ***SPEAK THEM ALOUD!***

You are planting seeds of health and feeding your faith as you speak these words from the Bible.

Jesus is my Lord. God raised Him from the dead. He was my substitute. He is my Saviour; satan has no power over me. Jesus is my Lord. *(Philippians 2:11; Romans 10:9-10)*

I serve the One Whose Name is, "I Am the Lord Who heals you."  
*(Exodus 15:26)*

Jesus is the Healer; satan is the oppressor. For Acts 10:38 says "God anointed Jesus of Nazareth with the Holy Spirit and with power, Who went about doing good and healing all that were oppressed by the devil."

Jesus Christ is the same yesterday, and today, and forever.  
*(Hebrews 13:8)*

Jesus came that I may have life and have it in its fullness. *(John 10:10)*

God desires that I prosper and be in health. *(3 John 2)*

My God is supplying all I need according to His riches in glory by Christ Jesus. *(Philippians 4:19)*

The Lord is my Helper. I will not be afraid. *(Hebrews 13:6)*

God says in His Word in Joel 3:10, "Let the weak say, I am strong." I am strong in the Lord.

God says in His Word in Isaiah 33:24, “The inhabitant will not say, I am sick.” Therefore I will not say it. I will say what God has said in His Word, “By His wounds I have been healed.” (*1 Peter 2:24*)

Jesus says in Mark 11:23, “whoever says to this mountain, ‘Be removed, and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will come to pass, he will have whatever he says.” Therefore, mountain of sickness (*name your sickness here.....*), be removed from me, and be cast into the sea. You have to because I command it in the authority of Jesus’ Name. According to Jesus, since I do not doubt in my heart, but I believe those things I say will come to pass, I will have what I say. Therefore, by faith, I will say these confessions.

Hebrews 3:1 and 4:14 say Jesus is the High Priest of my confession, so I will only speak words that I desire Jesus to say about me.

Death and life are in the power of the tongue. Therefore I will speak words of life. Jesus says in John 6:63 that His words are life, so I will speak them. (*Proverbs 18:21*)

When I speak God’s Word I am planting good seed in my life. (*Luke 8:11*)

I will hold fast to the confession of God’s Word without wavering, for He Who promised is faithful. (*Hebrews 10:23; Hebrews 4:14*)

I do not waver at the promise of God through unbelief, but I am fully convinced that what He has promised He is also able to perform. (*Romans 4:20,21*)

I am not weak in faith, so I do not consider my own body above what God has said. (*Romans 4:19*)

I do not put my confidence in the flesh. *(Philippians 3:3)*

I'm not moved by what I feel. I'm not moved by what I see. For I "walk by faith, not by sight." *(2 Corinthians 5:7)* I'm moved only by what I believe. I believe the Word of God.

Father, your Word is truth. *(John 17:17)*

I will give attention to God's words; I will incline my ear to His sayings. I will not let them depart from my eyes. I will keep them in my heart. They are life to me for I have found them, and they are health, healing and medicine to all my flesh. *(Proverbs 4:20-22)*

Pleasant words are health, healing and medicine to my bones. *(Proverbs 16:24)*

God's Word of grace builds me up and gives me my inheritance. *(Acts 20:32)*

Jesus says if I continue in His Word, I will know the truth, and the truth will make me free. *(John 8:31-32)*

I have been called to freedom. *(Galatians 5:13)*

Because I am Christ's, I am a child of Abraham, and according to Jesus in Luke 13:16, I ought to be loosed from all bondage today (because God shows no partiality). *(Acts 10:34; Galatians 3:7,29)*

I am God's workmanship, created in Christ Jesus. *(Ephesians 2:10)*

I am a new creation in Christ Jesus. Old things have passed away. All things have become new and all things are of God. *(2 Corinthians 5:17)*

I am complete in Jesus, Who is the head of all rule and authority. *(Colossians 2:10)*

My body is the temple of the Holy Spirit Who is in me, and I am not my own. I am bought at a price. So I will glorify God in my body and my spirit. *(1 Corinthians 6:19-20)*

I present my body to God as a living sacrifice. *(Romans 12:1)*

Christ has redeemed me from the curse of the law, which includes all sickness. So I forbid all sickness and disease in my body. Every disease germ and virus that touches my body dies instantly. Every cell, organ, member, and system of my body functions perfectly, and I forbid any malfunction, in the supreme authority of the Name of Jesus. *(Galatians 3:13; Deuteronomy 28:61; Matthew 16:19; Philippians 2:9)*

I am a believer. All things are possible to me. *(Mark 9:23)* I can do all things through Christ Who strengthens me. *(Philippians 4:13)*

The Lord is the strength of my life. *(Psalm 27:1)*

I am strong in the Lord and in His mighty power. *(Ephesians 6:10)*

Greater is He that is in me than he (the defeated one), that is in the world, (who is the author of sickness). *(1 John 4:4; Acts 10:38; Luke 13:16)*

My Father has made me able to be a partaker of my inheritance. He has delivered me from the authority of darkness, and has translated me into the kingdom of His dear Son, in Whom I have my redemption through His blood. *(Colossians 1:12-14)*

I am an over comer and I overcome by the blood of the Lamb and the word of my testimony. *(1 John 4:4; Revelation 12:11)*

I am submitted to God by being submitted to His Word, and the devil flees from me because I resist him in the supreme authority of the Name of Jesus. *(James 4:7; Mark 16:17)*

No weapon formed against me shall prosper, for my righteousness is of the Lord. *(Isaiah 54:17; 1 Corinthians 1:30)*

There shall nothing evil happen to me, neither shall any plague or sickness come near me. *(Psalm 91:10)*

Jesus gave me authority over all the power of the enemy, and nothing shall hurt me. *(Luke 10:19; Mark 16:17)*

I do not return evil for evil, but on the contrary blessing, that I may obtain a blessing. *(1 Peter 3:9)*

I forgive others freely as God has forgiven me. I don't hold anything against anyone. *(Ephesians 4:32; Mark 11:25)*

I refrain my tongue from evil. I turn away from evil and do good. I seek peace and pursue it. So I will love life and see good days. *(1 Peter 3:10,11)*

I have a merry heart and that does me good like medicine. *(Proverbs 17:22)*

I have cast all my cares on the Lord for He cares for me. I refuse to worry about anything. *(1 Peter 5:7)*

I serve the Lord my God, and He blesses my bread, and my water, and He has taken sickness away from me. For Jesus, Himself, took my infirmities and bore my sicknesses away. *(Exodus 23:25; Matthew 8:17)*

Surely He has borne my sicknesses and carried my pains, yet we did esteem Him stricken, smitten by God, and afflicted. But He was wounded for my transgressions, He was bruised for my iniquities, the chastisement for my peace was upon Him, and by His stripes I am healed. *(Isaiah 53:4,5)*

Christ my passover was sacrificed for me. So all sickness and death has to pass over me and my household. (*1 Corinthians 5:7; Exodus 12*)

I am blessed above all people. The Lord has taken away from me all sickness. (*Deuteronomy 7:14,15*)

God sent His Word and healed me, and delivered me from destruction. (*Psalms 107:20*)

The number of my days God will fulfill. (*Exodus 23:26*)

Bless the Lord, O my soul; and all that is within me, bless His holy Name! Bless the Lord, O my soul, and forget not all His benefits: Who forgives all my iniquities, Who heals all my diseases, Who redeems my life from destruction, Who crowns me with loving kindness and tender mercies, Who satisfies my mouth with good things, so that my youth is renewed like the eagle's. (*Psalms 103:1-5*)

***JESUS LOVES ME!***